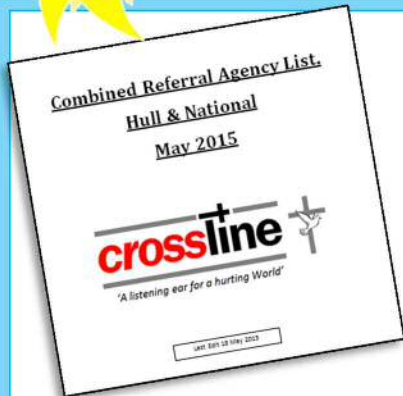




## Summer News & Prayer Letter 2015



### The Silent Killer

Amazing statistics were released recently by Samaritans and highlight a secret killer in our midst.

With a greater incidence of death than road traffic accidents, skin cancer or leukemia, suicide claims over 6,000 lives a year.

Figures released for 2013 show that suicides rose to 6,700 people with men over three times as likely to take their own lives. Indeed the major cause of death in men under 35 is suicide.

Why? Reports vary but men are in general less likely to share their feelings and admit possible vulnerabilities than women. In many instances they have shown no outward signs of distress or upset to people around them.

The peak ages for suicide are in the 35 -40 age range. Last year Crossline had 7 calls where people were discussing suicide. We thank God that in all instances, as far as we are aware, the callers did not go through with their plans.

The sad fact is that there are so many people who feel that they are depressed or in a hopeless situation. Many have no one to talk to or they want to disclose their situation anonymously.

We can however, choose to stand together in the face of a society which may often feel like a lonely and disconnected place, .....we can choose to make a difference by making lives more liveable for those who struggle to cope.

We recently completed a total refreshing of our referral agency list covering subjects from Abortion through to Young Peoples Support. In all over 400 agencies are listed in the 14 page guide and handily colour coded for local agencies (Hull & East Riding) and national.

Crossline helps to point over 3,000 people every year to help or compassionately listen to their situation. It is amazing how people will share their situation and gain strength from our empathetic listeners hearing their circumstances or putting them in touch with a support agency.

**If you are a church leader or could make use of the referral agency list, just contact us at Crossline and we will either post or email the list to you.**

£££££ As most of you will be aware, we are a totally voluntary charity with no paid staff. To continue to provide our service, we still have continual financial needs, to send a one off gift please use the enclosed envelope or post to the address above, or set up a standing order and become a Crossline Angel. Our bank account details are;

CROSSLINE (HULL) - Account no :- 64613076 - Sort Code 05 05 15.

### **Save a Tree & cut our Costs**



We currently mail around 130 Newsletters four times yearly with an additional 150 going by e.mail. With postage costs increasing and to reduce this cost, we are hoping to send more Prayer/Newsletters electronically.

To receive future Prayer/News by email just email [prayer@crossline.karoo.co.uk](mailto:prayer@crossline.karoo.co.uk) with your full name and in the message line type 'email please'

**Dear Prayer Partner,**

**Are you a short sprint Christian or a marathon runner?**

Ann Walters was the author of our prayer letter from 1998 until 2012.



*Ann Walters*

Ann at the age of 89 has decided to retire from Crossline after an incredible 17 years of dedicated service. Through that time Ann has helped literally thousands of callers with a Christian, empathetic ear and was also a key member of our face to face ministry team. We thank Ann for her tremendous work, support and wisdom through her time with Crossline. We all feel privileged to have known and learnt from her.

Ann is a true marathon runner, having stayed the course and felt close to God and obeyed his teachings through the decades.

Sadly however many Christians fall by the wayside starting out keenly but soon wavering when challenges come along. Is it easy being a Christian? - - - Certainly not! The Bible says in James 1:2-4 (Amp.) *‘Consider it wholly joyful, my brethren, whenever you are enveloped in trials of any sort or fall into various temptations. Be assured and understand that the trial and proving of your faith brings out endurance and steadfastness and patience. Let endurance and steadfastness and patience have full play and do a thorough work, so that you may be perfectly and fully developed, with no defects, lacking in nothing.*

In sport, continual practice and training improve performance. Lifting weights, taking exercise, practising regularly helps athletes gain strength, endurance and skill.

Our spiritual life is identical. By keeping in the word, praying and relying on God’s grace, we gain in spiritual strength and as the scripture promises, ‘we will lack in nothing.’

So get in the race, prepare, train and grow your understanding of God’s incredible plan for YOUR life.

May God truly bless you until our next prayer letter.

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- I am interested in Telephone Listener Training.
- I enclose my donation to support the ministry of Crossline.
- Send me information on Covenanted Gifts or Gift Aid.
- Send me information on the bus advertisement sponsorship.
- Please add our church to your prayer support list to receive your quarterly prayer letter.

Name .....

Address.....

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Postcode.....Tel No..... Church.....